

Natural Styling Techniques

Twist Set

Twist sets are the perfect style to achieve dynamic curls with fullness and body. *Ideal for wavy to tightly coiled textures.*

PRODUCTS:

- **Natural Curl Cleanser**
- **Natural Moisturizing Conditioner**
- **Natural Daily Moisturizing Lotion**
- **Natural Twist & Set Setting Lotion**

INSTRUCTIONS:

- Step 1 | Cleanse hair and scalp with **Natural Curl Cleanser**
Rinse well.
- Step 2 | Apply **Natural Moisturizing Conditioner** to infuse moisture in hair, then rinse.
- Step 3 | Apply **Natural Daily Moisturizing Lotion** to hair to aid in the detangling process and infuse additional moisture.
- Step 4 | Comb and section hair into 4 sections and secure with clips.
- Step 5 | Take one section, Spray **Natural Twist & Set Setting Lotion** throughout and comb through for even distribution.
- Step 6 | Part a small section and separate from the roots, holding one section in each hand. Begin twisting one section around the other in a criss-cross motion until you reach the end. Wrap twisted hair around the perm rod or flexi rod, roll upward and secure.
- Step 7 | Repeat throughout sections until all hair is twisted and secured in rods.
- Step 8 | Sit under a pre-heated hooded dryer to set the style and allow hair to completely dry.
- Step 9 | Carefully remove the rods. As you unwind the twists, wrap the curls around your index finger to shape them. Pull your finger out of the curl softly in the desired direction. Repeat and separate twists until you have desired volume and parts are not visible.

